PHYSICAL USING COERCION

Making and/or carrying out threats to do something to hurt her threatening to leave her, to commit suicide, to report her to welfare • making her drop charges

USING ECONOMIC ABUSE

Preventing her from getting or keeping a job • making her ask for money • giving her an allowance taking her money • not letting her know about or have access to family income

Making her afraid by using looks, actions, gestures

- smashing things destroying her property • abusing pets
- · displaying weapons

USING EMOTIONAL ABUSE

Putting her down • calling her names • making her think she's crazy • playing mind games • humiliating her

- · making her feel bad about herself
- · making her feel quilty

AND CONTROL

· making her do

illegal things

POWER

USING MALE PRIVILEGE

Treating her like a servant • making all the big decisions • acting like the "master of the castle" • being the one to define men's and women's roles

USING CHILDREN

Making her feel guilty about the children • using the children to relay messages ·using visitation to harass her · threatening to take the children away

USING ISOLATION

Controlling what she does, who she sees and talks to, what she reads. where she goes • limiting her outside involvement • using jealousy to justify actions

MINIMIZING. **DENYING.** AND BLAMING

Making light of the abuse and not taking her concerns about it seriously • saving the abuse didn't happen • shifting responsibility for abusive behavior

· saying she caused it

PHYSICAL

VIOLENCE SEXUAL